

ULIS GUIDEBOOK

FOR
INTERNATIONAL
STUDENTS



**UNIVERSITY OF LANGUAGES
AND INTERNATIONAL STUDIES**

GUIDEBOOK

FOR INTERNATIONAL STUDENTS



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Welcome to ULIS



Welcome to ULIS

Welcome all international students, we are glad to help you achieve your future dreams at the University of Languages and International Studies. Since its foundation in 1955, ULIS has become a famous center for



WELCOME TO ULIS

research and training on languages, international studies and other related majors. ULIS has contributed to Vietnam development by training quality human resources, conducting research and providing international standard products and services, with an emphasis on the active learning, creativity, honesty, and sense of responsibility, as well as the ability to live and work in a competitive, multi-cultural environment.

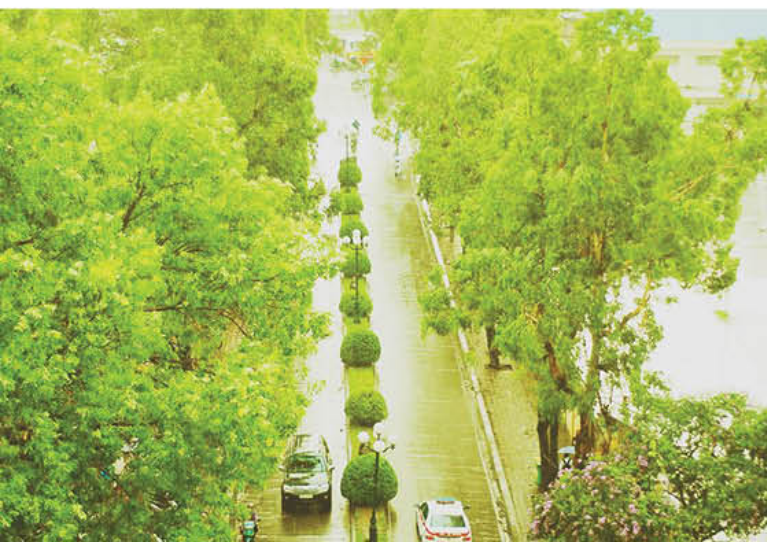
The on-going development of ULIS is based on three pillars: responsibility, opportunity, and community. The university's developmental philosophy is represented by its slogan: "Creating Opportunities Together".

ULIS welcomes you to its campus to experience the joy of exploring your potentials and of joining us to create new opportunities together to realize great things in the future.



**UNIVERSITY OF LANGUAGES
AND INTERNATIONAL STUDIES**

French Building





History

- 1955: founded as the Institute of Foreign Languages
 - 1958: became Faculty of Foreign Languages under Hanoi University of Education (HUE)
 - 1967: became Hanoi University of Foreign Language Teachers (training from HUE)
 - 1993: became a member of Vietnam National University, Hanoi and was renamed as University of Languages and International Studies (ULIS-VNU)
- * Statistics (Academic year 2018):
- Teaching and professional staff: 767
 - Undergraduate students: 5577
 - Graduate students: 510

Campus

ULIS campus has over 200 lecture halls, classrooms, languages labs mingled with green trees in 4.4 ha. Student dormitory are built in the main campus and can accommodate over 1000 students.

Newly built 1000 square meter sport complex comprises a gymnasium, stadium, and tennis courts located about 8 km from downtown Hanoi.

International Evaluation

- Ranked 124th overall in Asia (1st in the nation) in the “QS 2017 Asian University Rankings”
- Awarded the Best English Teaching Program in 2013
- Visited by Former US President Bill Clinton in November 2000

SISTERHOOD RELATIONSHIPS

EUROPE

Major institutions

- University of Cambridge ESOL
- Université de Paul-Valéry Montpellier 3
- Leipzig University
- Alexandru Ioan Cuza University
- Pushikin State Russian Language Institute
- Moscow State University

CHINA

Major Institutions

- Beijing Capital Normal University
- East China Normal University Shanghai
- Kunming University
- Nanjing University
- Wuzhou University
- Guangxi University



SOUTH-EAST ASIA

Major Institutions

- Marinduque State College
 - Srinakarinwinrot University
 - Universiti Malaysia Sabah
 - Yogyakarta State University
- Indonesia

(AS OF 2017)

NORTH AMERICA

Major Institutions

- Southern New Hampshire University
- University of Kansas
- Missouri State University
- Université de Montréal, Canada
- Université Du Québec A Montréal
- Cégep Marie Victorin

JAPAN

Major Institutions

- Hitotsubashi University
- Osaka University
- Saga University
- Tokyo University of Foreign Studies
- Kyoto University
- Meiji University

OCEANIA

Major Institutions

- Massey University
- Wakaito University
- Victoria University of Wellington
- University of Canberra
- Monash University
- Queensland University of Technology

ACADEMICS

UNDERGRADUATE PROGRAMS

ENGLISH LANGUAGE STUDIES

Translation and Interpreting/
International Economics/Business
Management/Banking and Finance/
Linguistics and Applied/Linguistics/
International Studies

ENGLISH LANGUAGE TEACHER EDUCATION

English Language Education

RUSSIAN

Translation and Interpreting/Tourism

RUSSIAN LANGUAGE TEACHER EDUCATION

Russian Language Teacher Education

FRENCH

Translation and Interpreting/
Tourism/Economics

FRENCH LANGUAGE TEACHER EDUCATION

French Language Teacher Education

CHINESE

Translation and Interpreting/Tourism/
Tourism Business/Chinese Studies

CHINESE LANGUAGE TEACHER EDUCATION

Chinese Language Teacher Education

JAPANESE

Translation and Interpreting/
Tourism/Business and Economics/
Japanese Studies

JAPANESE LANGUAGE TEACHER EDUCATION

Japanese Language Teacher Education

GERMAN

Translation and Interpreting/
Tourism/Business and Economics

GERMAN LANGUAGE TEACHER EDUCATION

German Language Teacher Education

KOREAN

Translation and Interpreting/
Tourism/Korean Studies

KOREAN LANGUAGE TEACHER EDUCATION

Korean Language Teacher Education

ARABIC

Translation and Interpreting/
Tourism/Business and Economics



ULIS aims to become a prestigious university in languages, linguistics, international studies and related social sciences and humanities. Our mission is to contribute to the national development through the pursuit of excellence in education, research, and the provision of quality services relevant to the needs of society. We particularly value creativity, dynamics, honesty, and responsibility.

GRADUATE PROGRAMS

Master's Programs

English Linguistics
English Language Teaching Methodology
Russian Linguistics
Russian Language Teaching Methodology
French Linguistics
French Language Teaching Methodology
Chinese Linguistics
Chinese Language Teaching Methodology
Japanese Linguistics
German Linguistics
Korean Linguistics

PhD Programs

English Linguistics
English Language Teaching Methodology
Russian Linguistics
Russian Language Teaching Methodology
French Linguistics
French Language Teaching Methodology
Chinese Linguistics
Chinese Language Teaching Methodology

Short courses and exchange programs

Vietnamese Language for foreigner
Vietnamese Culture

LIFE ON CAMPUS

PICKUP SERVICE



The University of Languages & International Studies – VNU provides an airport pick – up service for all new international students. If you're a new international student, complete the registration for airport pickup form to let us know your arrival time in Ha Noi. ULIS students life department will then:

- Confirm your pre-arranged accommodation with the accommodation service
- Arrange buddies to meet you at the airport when you arrive
- Take you to your accommodation

You need to complete the form at least five working days before your arrival in Ha Noi. Should any changes occur within this three day period, please resubmit the form or email us at ulis.international@gmail.com.

HEALTHCARE

Below is a list of hospitals and clinics, as well as their addresses and price per examination. When in need, students are recommended to visit the listed healthcare providers, or feel free to look up for other locations as well.

Thu Cuc General Hospital
No. 286 Thuy Khue Street,
Buoï Ward, Tay Ho
District **74 USD**

Hong Ngoc Private General
Hospital
No. 55 Yen Ninh Street.,
Ba Dinh District **54 USD**

Saint Paul General Hospital
12A Chu Van An, Dien Ban,
Ba Dinh District
43-129 USD

Dr. Binh Teleclinic
No. 11-13-15 Tran Xuan Soan
Street, Ngo Thi Nham Ward,
Hai Ba Trung
District **43-129 USD**

HEALTHCARE SERVICE FEE FOR FOREIGNER

Bach Mai Hospital
78 Giai Phong Street,
Phuong Mai Ward, Dong Da
District **43-129 USD**

Vietlife General Clinic
No. 14 Tran Binh Trong Street,
Tran Hung Dao Ward, Hai Ba
Trung District **43-129 USD**

E Hospital
No. 89 Tran Cung Street,
Nghia Tan Ward, Cau Giay
District **43-129 USD**

Ha Noi Private General
Hospital
No. 29 Han Thuyen Street,
Pham Dinh Ho Ward, Hai Ba
Trung District **43-129 USD**

Trang An Private General
Hospital
No. 59 Thong Phong Alley,
Quoc Tu Giam Street
43-129 USD

Dong Da General Hospital
No 192, Alley 180 Nguyen
Luong Bang Street, Quang
Trung Ward, Dong Da
District **43-129 USD**

STUDENT ID CARD



FRONT

BACK

 VIETNAM NATIONAL UNIVERSITY, HANOI
UNIVERSITY OF LANGUAGES AND INTERNATIONAL STUDIES

STUDENT CARD

Name :
Date of birth : Sex :
School year : Type of training :
Major :
Faculty :
Date of expiry :





RULES AND REGULATIONS

1. This card is issued for researchers, Master's, students during the educational time at ULIS
2. This card is accepted in some social transactions
3. Students must not borrow or lend this card
4. In case of loss/damage please report the Political & student affairs department



Vietnam National University, Hanoi - University of Languages and International Studies
Pham Van Dong street, Cau Giay ward, Hanoi
Website : www.ulis.vnu.edu.vn Phone : 04.66863316

LIFE AT ULIS AND IN VIETNAM

WAYS TO GET INVOLVED

Make your college life not limited to nights and days of lectures and homework! ULIS' student-organized clubs are always welcome your participation, and there are also voluntary works if you are interested. Make friends with Vietnamese or other international students at ULIS to make your first-year experience whole! Here are several clubs that you might interested in:

ACADEMIC CLUBS

SKILL CLUBS

ACTIVITY CLUBS

English Club

Event Planning Club

Cheerleading Club

English Translation Club

Japan Tour Guide Club

Yosakoi Club

French Club

Blood Drive Voluntary

Soccer Club

Chinese Club

Diplomatic Front Club

Dance Sport Club

Russian Club

ULIS Environmental Club

Arts Club

LIFE AT ULIS AND IN VIETNAM





LIFE AT ULIS AND IN VIETNAM

ACCOMMODATION

DORMITORIES

If students prefer to live in our dormitory, ULIS offers nearly 400 single and multiple occupancy rooms at My Dinh's Domitory.

The dormitory building is off-campus, 10 minutes away from ULIS and other campuses. The area is also connected to many bus routes, students can easily travel to other locations in Ha Noi from their dormitory.

FOREIGN LANGUAGE DORMITORY

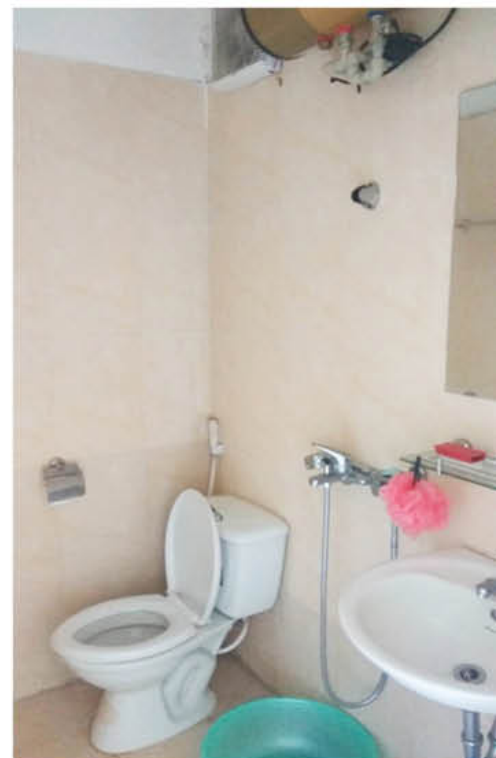
ADDRESS: ON CAMPUS

CONTACTS: 024-37547-033 /kytucxangoaingu@gmail.com

- Prices: \$200/month, single and multiple occupancy (up to 2)

For more information,

access: <http://css.vnu.edu.vn/en/introduction-about-foreign-languages-domitory>



FOREIGN LANGUAGE DORMITORY ADDRESS: ON CAMPUS

CONTACTS: 024-37547-033 / kytucxangoaingu@gmail.com

Prices: \$200/month, single and multiple occupancy (up to 6)

For more information,

access: <http://css.vnu.edu.vn/en/introduction-about-foreign-languages-domitory>



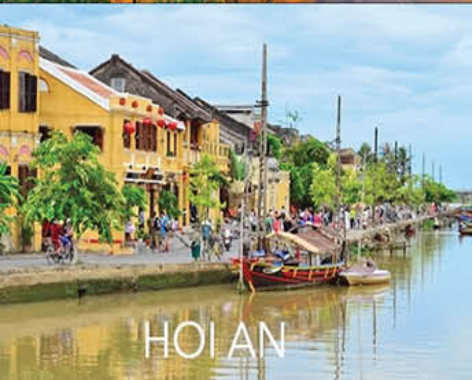
**ADDRESS: VIETNAM NATIONAL UNIVERSITY,
HAM NGHI STREET, MY DINH 2, NAM TU LIEM, HANOI.**

CONTACT: +84 94 219 24 48



VIET NAM

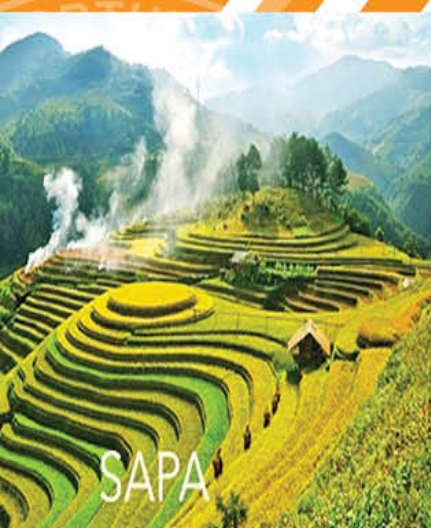
ATTRACTIONS



VIET NAM

ATTRACTIONS

ULIS





CLOTHING

The “Ao dai” is a Vietnamese traditional garment, now most commonly worn by women but can also be worn by men if it’s New Years. In its current form, it is a tight-fitting silk tunic worn over trousers.



VIETNAMESE FOLK CULTURE



CUISINE

Vietnamese cuisine is distinct and unforgettable. The cuisine creates the balance of salty, sweet, sour and hot flavours, achieved through the use of “nuoc mam”, a fermented fish sauce, cane sugar or tamarind and chilli peppers. Dishes use plenty of fresh herbs with, as chilli sauces are served separately.

GOI CUON



Vietnam’s most famous dish: translucent springrolls packed with greens, corianders and various combinations of minced pork, shrimp or crab. In some places they’re served with a bowl of lettuce and / or mint. A southern variation has barbecued strips of pork wrapped up with green bananas and star fruits, and then dunked in a rich peanut sauce – every bit as tasty as it sounds.

PHO

One of the Vietnam national dishes is “pho” (pronounced “fur”), a noodle soup eaten at any time of day but primarily at breakfast. The basic bowl of “pho” consists of a light beef or chicken broth flavoured with ginger and coriander, to which are added broad, flat rice noodles, spring onions and slivers of chicken, pork or beef.



BUN CHA



As a Hanoi specialty, you'll find Bun Cha at food stalls and street kitchens across the city. Essentially a small hamburger, the pork patties are barbecued on an open charcoal brazier and served on a bed of cold rice noodles with assorted foliage and a slightly sweetish sauce.

BANH MI

This baguette sandwich filled with greens and a choice of fillings, including paté and freshly made omelette, is so appetizing. It's been imitated around the world.



BANH XEO



These enormous, cheap and filling Vietnamese pancakes (known as "sizzling pancake") contain shrimp, pork, bean sprouts and egg, which is then fried, wrapped in rice paper with greens and dunked in a spicy sauce before eaten.

CUISINE

BANH CHUNG



Square glutinous rice cake (known as “Banh chung”) is a must-dish at Tet festival in Vietnam. It has square shape and symbolizes the earth. This cake is made from glutinous rice wrapped in green “dong” leaves. The filling is made from mung bean and pork belly. It is cooked in a big pot for about 10 hours. It’s time for all the members of the family to gather around the fire and Chung cake’s pot. To serve, the cake is peeled off and cut into 8 wedges from the middle. Banh chung has special and great taste which satisfy your appetite for the first time.

BANH TROI



The Vietnamese often make two kinds of cakes: banh troi (floating cake) and banh chay (lean cake) on the third day of the third month of the Lunar year. This is known as the “Cold Food Festival”. In Vietnam, most people may have forgotten its origins but it’s still considered a memorable occasion for ancestral offerings. The cakes are popular desserts in both rural and urban areas

Banh cuon is a very thin crepe from rice flour and stuffed with minced pork, mince black fungus and onion. The cook has to be skillful to make this cake. A layer of batter is poured onto the crepe which covers a pot of boiling water, the filling is added after that. This amazing cake is served hot with sliced cucumber, Vietnamese coriander, fried scallion, slices of pork pie and dipping fish sauce. This is one of the most delicious traditional foods in Vietnam. Do not miss this brilliant gem of Vietnamese foods.

BANH CUON



CHA CA



Seafood dishes are among the standouts of Vietnamese cuisine. Cha ca, originated in Hanoi, is perhaps the best known. It sees white fish sautéed in butter with dill and spring onions, then served with rice noodles and a scattering of peanuts.

CAMPUS MAP

PHAM VAN D

XUAN THUY STREET



ONG STREET

ENNRANCE GATE





**UNIVERSITY OF LANGUAGES
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No.2 Pham Van Dong Road, Cau Giay, Ha Noi, Vietnam
website: ulis.vnu.edu.vn/english/